

# EWYL Personalized Lesson Plan

Parenting Pack Curriculum (AGES 2 – 12) Page 1		Order of Lesson	Date Lesson Completed
P1.1	Code: AB-1Y – STRAIGHT THINKING Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P1.2	Code: AB-1Y – THE 1-2-3 Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P1.3	Code: AB-1Y – REAL WORLD APPLICATIONS – WHEN THERE IS AN AUDIENCE – VARIATIONS AND GETTING STARTED Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P1.4	Code: AB-1Y – TESTING AND MANIPULATION Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P1.5	Code: AB-1Y – COUNTING IN ACTION AND CONCLUSION Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P2.1	Code: AB-1Y – INTRODUCTION AND REVIEW – SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P2.2	Code: AB-1Y – SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P2.3	Code: AB – 1Y –SPECIFIC APPLICATIONS Suitable For: Clients with children ages 2-12 Time Frame: Any time of when client expresses need for disciplinary help with children.		
P2.4	Code: AB-1Y – THE FAMILY MEETING AND TEN STRATEGIES FOR BUILDING SELF-ESTEEM Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P2.5	Code: AB-1Y – BUILDING SELF-ESTEEM AND THE PAYOFF Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P3B.1	Code: AB – 1Y – HAVE A NEW KID BY FRIDAY: MONDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old.		
P3B.2	Code: AB – 1Y – HAVE A NEW KID BY FRIDAY: TUESDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old.		

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P3B.3	Code: AB-1Y – HAVE A NEW KID BY FRIDAY: WEDNESDAY Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P3B.4	Code: AB-1Y – HAVE A NEW KID BY FRIDAY: THURSDAY Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P3B.5	Code: AB-1Y – HAVE A NEW KID BY FRIDAY: FRIDAY Suitable For: Clients with children ages 2-12 Time Frame: Any time or when client expresses need for disciplinary help with children.		
P4.1	Code: AB-1Y – CREATING MOTIVATION Suitable For: Clients with children 2-12 Time Frame: Any time when the child is between two and twelve years. Helps parents teach the character trait of motivation.		
P4.2	Code: AB-1Y – CREATING HONESTY Suitable For: Clients with children 2-12. Time Frame: Any time when the child is between two and twelve years. Helps parents teach the character trait of honesty.		
P4.3	Code: AB-1Y – CREATING COURAGE Suitable For: Clients with children 2-12. Time Frame: Any time when the child is between two and twelve years. Helps parents teach the character trait of courage.		
P4.4	Code: AB-1Y – CREATING KINDNESS Suitable For: Clients with children 2-12. Time Frame: Any time when the child is between two and twelve years. Helps parents teach the character trait of kindness.		
P4.5	Code: AB-1Y – CREATING CONFIDENCE Suitable For: Clients with children 2-12. Time Frame: Any time when the child is between two and twelve years. Helps parents teach the character trait of kindness.		
P5.1	Code: AB-1Y – ADD/ADHA Suitable For: Clients with children 2 – 12 Time Frame: When a client expresses concern that their child had ADD/ADHA		
P5.2	Code: AB-1Y – AUTISM Suitable For: Clients with children 2 – 12 Time Frame: When a client expresses concern that their child had Autism Spectrum Disorder		
P5.3	Code: AB-1Y – STRONG-WILLED Suitable For: Clients with children 2 – 12 Time Frame: When a client expresses need for disciplinary help with a strong-willed child.		
P5.4	Code: AB-1Y – CHILD ANGER Suitable For: Clients with children 2 – 12 Time Frame: When a client expresses need for help with a child who has anger.		

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Parenting Pack Curriculum (AGES 2 – 12) Page 3		Order of Lesson	Date Lesson Completed
P5.5	Code: AB-1Y – SEXUAL BEHAVIOR IN CHILDREN Suitable For: Clients with children 2 – 12 Time Frame: When a client expresses concern in understanding what is normal sexual behavior in their child.		
P6.1	Code: AB-1Y – WHY YOUR CHILD NEEDS DISCIPLINE Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P6.2	Code: AB-1Y – IRRESPONSIBILITY VS. DEFIANCE Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P6.3	Code: AB-1Y – ANGER VS. ACTION Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P6.4	Code: AB-1Y – FINDING BALANCE IN DISCIPLINE Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P6.5	Code: AB-1Y – TO SPANK OR NOT TO SPANK Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.1	Code: AB-1Y – COMPLIANT VS. DEFIANT Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.2	Code: AB-1Y – CHANGING DISCIPLINE WITH TIME, PART 1 Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.3	Code: AB-1Y – CHANGING DISCIPLINE WITH TIME, PART 2 Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.4	Code: AB-1Y – PROTECTING THE SPIRIT Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.5	Code AB-1Y – THE STRONG -WILLED ADOLESCENT, PART 1 Suitable For: Clients with children 2-14. Time Frame: Any time or when client expresses need for disciplinary help with children.		

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Parenting Pack Curriculum (AGES 2 – 12) Page 4		Order of Lesson	Date Lesson Completed
P7.6	Code: AB-1Y – THE STRONG-WILLED ADOLESCENT, PART 2 Suitable For: Clients with children 2-14. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P7.7	Code: AB-1Y – THE ULTIMATE PROIRITY Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P8.1	Code: AB-1Y – PARENTING WITH AN EYE TO THE FUTURE Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P8.2	Code: AB-1Y – EIGHT KEY ASPECTS OF CHARACTER Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P8.3	Code: AB-1Y – BOUNDARIES FOR KIDS AND THEIR PARENTS Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P8.4	Code: AB-1Y – OVERCOMING OBSTACLES TO BOUNDARIES Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P8.5	Code: AB-1Y – WHAT WILL HAPPEN IF I DO THIS? Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P9.1	Code: AB-1Y – PULLING MY OWN WAGON Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P9.2	Code: AB-1Y – I CAN'T DO IT ALL, I'M NOT HELPLESS EITHER Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P9.3	Code: AB-1Y – I'M NOT THE ONLY ONE WHO MATTERS Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P9.4	Code: AB-1Y – LIFE BEYOND "BECAUSE I'M THE MOMMY" Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		

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Parenting Pack Curriculum (AGES 2 – 12) Page 5		Order of Lesson	Date Lesson Completed
P9.5	Code: AB-1Y – PAIN CAN BE A GIFT Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P10.1	Code: AB-1Y – TANTRUMS NEEDN'T BE FOREVER Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P10.2	Code: AB-1Y – BE HAPPIER, BE THANKFUL Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P10.3	Code: AB-1Y – JUMP-STARTING MY ENGINE Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P10.4	Code: AB-1Y – HONESTY IS THE BEST POLICY Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		
P10.5	Code: AB-1Y – ROLL UP YOUR SLEEVES Suitable For: Clients with children 2-12. Time Frame: Any time or when client expresses need for disciplinary help with children.		